

# Records Dames

13/11/2023

	9-10 jr	11-12 jr	13-14 jr	15-16 jr	17-18 jr	19+ jr
<b>50m VS</b>	Palumbo Mila <b>0.33.99</b> 2/12/2018	Brouwers Charlotte <b>28.78</b> 15/10/2023	Witters Marie-Alix <b>0.27.01</b> 28/04/2019	Witters Marie-Alix <b>0.26.96</b> 25/07/2021	Hiel Maya <b>0.27.08</b> 30/07/2023	Stevens Laura <b>0.27.60</b> 18/11/2017
<b>100m VS</b>	Palumbo Mila <b>1.14.45</b> 22/12/2018	Brouwers Charlotte <b>01.03.72</b> 15/10/2023	Witters Marie-Alix <b>57.87</b> 24/07/2019	Witters Marie-Alix <b>0.58.12</b> 27/09/2020	Hiel Maya <b>58.72</b> 30/07/2023	Stevens Laura <b>59.99</b> 15/10/2017
<b>200m VS</b>	Frederix Maya <b>2.54.05</b> 11/11/2019	Brouwers Charlotte <b>2.19.75</b> 10/15/2023	Witters Marie-Alix <b>2.07.54</b> 24/11/2019	Witters Marie-Alix <b>2.06.21</b> 4/04/2021	Hiel Maya <b>2.09.21</b> 10/15/2023	Wouters Frone <b>2.08.23</b> 24/04/2010
<b>400m VS</b>	Vanhees Ella <b>5.57.88</b> 22/12/2019	Vanderkrieken Frauke <b>4.57.63</b> 22/10/2017	Witters Marie-Alix <b>4.29.29</b> 30/07/2019	Witters Marie-Alix <b>4.27.62</b> 21/02/2020	Hiel Maya <b>4.34.71</b> 15/10/2023	Wouters Frone <b>4.31.32</b> 11/01/2009
<b>800m VS</b>		Vandevenne Liah <b>10.21.28</b> 29/10/2023	Lambrechts Noa <b>9.45.57</b> 4/06/2023	Thijssen Hanne <b>9.57.15</b> 14/04/2019	Stevens Laura <b>10.07.57</b> 7/04/2013	Wouters Frone <b>9.18.44</b> 18/04/2010
<b>1500m VS</b>			Vandevenne Liah <b>18.49.05</b> 29/10/2023		Vanolmen Britt <b>20.21.12</b> 1/04/2017	Wouters Frone <b>17.38.69</b> 11/04/2010
<b>50m SS</b>	Put Fien <b>0.42.55</b> 18/12/2022	Petrosillo Lyana <b>0.37.26</b> 27/09/2020	Hiel Maya <b>0.34.39</b> 24/10/2020	Hiel Maya <b>0.34.99</b> 16/10/2022	Hiel Maya <b>0.34.46</b> 10/15/2023	Stevens Laura <b>0.36.09</b> 22/10/2017
<b>100m SS</b>	Loysch Veronique <b>1.33.20</b>	Brouwers Charlotte <b>1.22.53</b> 15/10/2023	Vertessen Fran <b>1.16.66</b> 15/10/2023	Palumbo Mila <b>1.16.66</b> 15/10/2023	Kerkhofs Melissa <b>1.14.07</b> 26/05/2013	Stevens Laura <b>1.18.40</b> 31/07/2018
<b>200m SS</b>	Loysch Veronique <b>3.21.55</b>	Thijssen Hanne <b>2.55.14</b> 27/11/2016	Thijssen Hanne <b>2.47.75</b> 29/04/2018	Kerkhofs Melissa <b>2.46.48</b> 2/12/2012	Kerkhofs Melissa <b>2.43.20</b> 25/05/2013	Stevens Laura <b>2.54.41</b> 24/11/2019
<b>50m R</b>	Palumbo Mila <b>0.40.42</b> 18/02/2018	Vandevenne Liah <b>0.33.30</b> 5/03/2023	Palumbo Mila <b>0.30.65</b> 13/03/2022	Palumbo Mila <b>0.29.50</b> 10/11/2023	Hiel Maya <b>0:29.93</b> 11/10/2023	Stevens Laura <b>0.30.16</b> 11/11/2017
<b>100m R</b>	Baetens Lieze <b>1.23.87</b> 29/12/2018	Vandevenne Liah <b>1.11.62</b> 20/07/2023	Palumbo Mila <b>1.07.41</b> 18/12/2022	Palumbo Mila <b>1.06.71</b> 10/15/2023	Stevens Laura <b>1.04.20</b> 30/07/2013	Stevens Laura <b>1.04.11</b> 12/11/2017
<b>200m R</b>	Palumbo Mila <b>2.59.54</b> 22/12/2018	Snoekx Romy <b>2.35.73</b> 13/10/2018	Palumbo Mila <b>2.23.40</b> 18/12/2022	Palumbo Mila <b>2.19.02</b> 10/11/2023	Stevens Laura <b>2.18.04</b> 30/07/2013	Stevens Laura <b>2.18.27</b> 11/11/2017
<b>50m VI</b>	Frederix Maya <b>0.40.36</b> 10/03/2019	Vandevenne Liah <b>0.31.25</b> 15/10/2023	Witters Marie-Alix <b>0.28.97</b> 10/11/2019	Palumbo Mila <b>0:28.42</b> 10/11/2023	Hiel Maya <b>0.28.27</b> 11/10/2023	Stevens Laura <b>0.29.50</b> 12/11/2017
<b>100m VI</b>	Frederix Maya <b>1.34.89</b> 22/04/2019	Vandevenne Liah <b>1.11.84</b> 20/07/2023	Witters Marie-Alix <b>1.05.94</b> 9/11/2019	Witters Marie-Alix <b>1.04.20</b> 24/07/2021	Hiel Maya <b>1.02.69</b> 10/11/2023	Stevens Laura <b>1.06.34</b> 28/07/2017
<b>200m VI</b>	Van Loock Inneke <b>3.50.22</b>	Thijssen Hanne <b>2.53.81</b> 16/10/2016	Witters Marie-Alix <b>2.31.16</b> 24/11/2019	Hiel Maya <b>2.29.14</b> 16/10/2022	Hiel Maya <b>2.24.20</b> 30/07/2023	Stevens Laura <b>2.26.01</b> 18/02/2018
<b>100m W</b>	Wygaerts Kim <b>1.27.43</b>	Vandevenne Liah <b>1.13.63</b> 4/06/2023	Witters Marie-Alix <b>1.07.39</b> 10/11/2019	Hiel Maya <b>1.06.36</b> 29/05/2022	Hiel Maya <b>1.04.89</b> 10/11/2023	Stevens Laura <b>1.07.30</b> 31/07/2018
<b>200m W</b>	Baetens Lieze <b>3.01.84</b> 29/12/2018	Brouwers Charlotte <b>2.35.64</b> 15/10/2023	Witters Marie-Alix <b>2.24.80</b> 9/11/2019	Witters Marie-Alix <b>2.22.75</b> 25/07/2021	Hiel Maya <b>2.22.24</b> 2/05/2023	Stevens Laura <b>2.27.05</b> 13/10/2018
<b>400m W</b>		Vanderkrieken Frauke <b>5.38.72</b> 23/12/2017	Palumbo Mila <b>5.06.09</b> 13/11/2022	Palumbo Mila <b>5.04.50</b> 10/11/2023	Hiel Mila <b>5.10.36</b> 10/15/2023	Stevens Laura <b>5.11.19</b> 13/10/2019