

# Records Dames

17/01/2024

	9-10 jr	11-12 jr	13-14 jr	15-16 jr	17-18 jr	19+ jr
<b>50m VS</b>	Palumbo Mila <b>0.33.99</b>  2/12/2018	Brouwers Charlotte <b>0.28.38</b>  23/12/2024	Witters Marie-Alix <b>0.27.01</b>  28/04/2019	Witters Marie-Alix <b>0.26.96</b>  25/07/2021	Hiel Maya <b>0.27.08</b>  30/07/2023	Stevens Laura <b>0.27.60</b>  18/11/2017
<b>100m VS</b>	Palumbo Mila <b>1.14.45</b>  22/12/2018	Vandevenne Liah <b>01.02.06</b>  18/11/2023	Witters Marie-Alix <b>57.87</b>  24/07/2019	Witters Marie-Alix <b>0.58.12</b>  27/09/2020	Hiel Maya <b>58.33</b>  03/03/2024	Stevens Laura <b>59.99</b>  15/10/2017
<b>200m VS</b>	Frederix Maya <b>2.54.05</b>  11/11/2019	Brouwers Charlotte <b>2.19.75</b>  15/10/2023	Witters Marie-Alix <b>2.07.54</b>  24/11/2019	Witters Marie-Alix <b>2.06.21</b>  4/04/2021	Hiel Maya <b>2.04.98</b>  26/11/2023	Wouters Frone <b>2.08.23</b>  24/04/2010
<b>400m VS</b>	Vanhees Ella <b>5.57.88</b>  22/12/2019	Vanderkrieken Frauke <b>4.57.63</b>  22/10/2017	Witters Marie-Alix <b>4.29.29</b>  30/07/2019	Witters Marie-Alix <b>4.27.62</b>  21/02/2020	Hiel Maya <b>4.34.71</b>  15/10/2023	Wouters Frone <b>4.31.32</b>  11/01/2009
<b>800m VS</b>		Vandevenne  Liah  <b>10.21.28</b>  29/10/2023	Lambrechts  Noa  <b>9.45.57</b>  4/06/2023	Thijssen  Hanne  <b>9.57.15</b>  14/04/2019	Stevens  Laura  <b>10.07.57</b>  7/04/2013	Wouters  Frone  <b>9.18.44</b>  18/04/2010
<b>1500m VS</b>			Vertessen  Fran  <b>18.49.05</b>  29/10/2023		Vanolmen  Britt  <b>20.21.12</b>  1/04/2017	Wouters  Frone  <b>17.38.69</b>  11/04/2010
<b>50m SS</b>	Put Fien <b>0.42.55</b>  18/12/2022	Brouwers Charlotte <b>0.36.57</b>  23/12/2024	Hiel Maya <b>0.34.39</b>  24/10/2020	Hiel Maya <b>0.34.99</b>  16/10/2022	Hiel Maya <b>0.34.46</b>  10/15/2023	Stevens Laura <b>0.36.09</b>  22/10/2017
<b>100m SS</b>	Loysch Veronique <b>1.33.20</b>	Brouwers Charlotte <b>1.18.44</b>	Vertessen Fran <b>1.16.66</b>	Palumbo Mila <b>1.16.66</b>	Kerkhofs Melissa <b>1.14.07</b>	Stevens Laura <b>1.18.40</b>

		18/11/2023	15/10/2023	15/10/2023	26/05/2013	31/07/2018
<b>200m SS</b>	Loysch Veronique <b>3.21.55</b>	Brouwers Charlotte <b>2.51.93</b>  26/11/2023	Vertessen Fran <b>2.43.02</b>  19/11/2023	Palumbo Mila <b>2.42.23</b>  03/03/2024	Kerkhofs Melissa <b>2.43.20</b>  25/05/2013	Stevens Laura <b>2.54.41</b>  24/11/2019
<b>50m R</b>	Palumbo Mila <b>0.40.42</b>  18/02/2018	Vandevenne Liah <b>0.32.14</b>  5/03/2023	Palumbo Mila <b>0.30.65</b>  13/03/2022	Palumbo Mila <b>0.29.50</b>  10/11/2023	Hiel Maya <b>0:29.93</b>  11/10/2023	Stevens Laura <b>0.30.16</b>  11/11/2017
<b>100m R</b>	Baetens Lieze <b>1.23.87</b>  29/12/2018	Vandevenne Liah <b>1.08.46</b>  18/11/2023	Palumbo Mila <b>1.07.41</b>  18/12/2022	Palumbo Mila <b>1.06.71</b>  10/15/2023	Stevens Laura <b>1.04.20</b>  30/07/2013	Stevens Laura <b>1.04.11</b>  12/11/2017
<b>200m R</b>	Palumbo Mila <b>2.59.54</b>  22/12/2018	Vandevenne Liah <b>2.32.34</b>  23/12/2024	Palumbo Mila <b>2.23.40</b>  18/12/2022	Palumbo Mila <b>2.19.02</b>  10/11/2023	Stevens Laura <b>2.18.04</b>  30/07/2013	Stevens Laura <b>2.18.27</b>  11/11/2017
<b>50m VI</b>	Frederix Maya <b>0.40.36</b>  10/03/2019	Vandevenne Liah <b>0.30.78</b>  23/12/2024	Witters Marie-Alix <b>0.28.97</b>  10/11/2019	Palumbo Mila <b>0:28.42</b>  10/11/2023	Hiel Maya <b>0.28.24</b>  03/03/2024	Stevens Laura <b>0.29.50</b>  12/11/2017
<b>100m VI</b>	Frederix Maya <b>1.34.89</b>  22/04/2019	Vandevenne Liah <b>1.11.84</b>  20/07/2023	Witters Marie-Alix <b>1.05.94</b>  9/11/2019	Witters Marie-Alix <b>1.04.20</b>  24/07/2021	Hiel Maya <b>1.02.69</b>  10/11/2023	Stevens Laura <b>1.06.34</b>  28/07/2017
<b>200m VI</b>	Van Loock Inneke <b>3.50.22</b>	Thijssen Hanne <b>2.53.81</b>  16/10/2016	Vertessen Fran <b>2.29.09</b>  26/11/2023	Hiel Maya <b>2.29.14</b>  16/10/2022	Hiel Maya <b>2.24.20</b>  30/07/2023	Stevens Laura <b>2.26.01</b>  18/02/2018
<b>100m W</b>	Wygaerts Kim <b>1.27.43</b>	Vandevenne Liah <b>1.11.83</b>  23/12/2023	Witters Marie-Alix <b>1.07.39</b>  10/11/2019	Hiel Maya <b>1.06.36</b>  29/05/2022	Hiel Maya <b>1.04.89</b>  10/11/2023	Stevens Laura <b>1.07.30</b>  31/07/2018
<b>200m W</b>	Baetens Lieze <b>3.01.84</b>	Brouwers Charlotte <b>2.32.98</b>	Witters Marie-Alix <b>2.24.80</b>	Witters Marie-Alix <b>2.22.75</b>	Hiel Maya <b>2.21.56</b>	Stevens Laura <b>2.27.05</b>

	29/12/2018	26/11/2023	9/11/2019	25/07/2021	26/11/2023	13/10/2018
<b>400m</b>		Vanderkrieken	Palumbo	Palumbo	Hiel	Stevens
<b>W</b>		Frauke	Mila	Mila	Mila	Laura
		<b>5.38.72</b>	<b>5.06.09</b>	<b>5.04.50</b>	<b>5.10.36</b>	<b>5.11.19</b>
		23/12/2017	13/11/2022	10/11/2023	10/15/2023	13/10/2019